

# NADIESOLO [No one alone]

## Actions in response to Covid-19



Informational document/guide

# NADIESOLO [No one alone]

## Actions in response to Covid-19



### Description

Faced with the Covid-19 emergency, one of the most socially vulnerable groups are people hospitalised because of the virus, who cannot receive visits from family members and who need all the moral support they can get in order to overcome this illness.

In this activity, volunteers can send messages of support via letters, drawings, or stories to patients in hospital who are recovering from the coronavirus.

### Objective

Mitigate the effects of isolation on this group and contribute to improving their moods and overall well being.

### Beneficiaries

Patients of 15 public hospitals in the Community of Madrid.

### Partners

Fundación Desarrollo y Asistencia.

# NADIESOLO [No one alone]

## Actions in response to Covid-19



### Schedule and location for the activity

This activity will be carried out **via email correspondence**, which allows for greater **availability and flexibility** of volunteers, as well as the participation by people from all over the country.

**There are no special requirements for participation.** Volunteers will only need to send the amount of letters they choose via email to the social organisation that manages this initiative. This contact information will be provided once volunteers sign up for the activity.

### Responsibilities of the volunteers

- Send messages of support to these people to improve their moods and overall well being and mitigate the effects of social distancing.

### Requirements

- Be of legal age.
- Be a Repsol Group employee, retiree, or early retiree and be registered as a Repsol volunteer. Family members and friends [including minors] can get involved in this initiative.