

DISCOVERING THE SIERRA DE GUADARRAMA



Activity sheet

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Description

Fundación Repsol's Discovering the Sierra de Guadarrama initiative takes place one Saturday every month. As part of this programme, people at risk of social exclusion and/or with disabilities can take part in environmental volunteering sessions.

Objective

Through this initiative, Fundación Repsol aims to raise awareness of these groups in society and encourage their social integration, as well as increase respect for the environment and achieve greater commitment to sustainable development.

Collaborator

Asociación Reforesta.

Time and place of the activity

- From 9 a.m. to 3 p.m. (The start time may vary and the activity may begin later than the time indicated).
- Regional Park of the Cuenca Alta del Manzanares

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Source: Google Maps

Transport and meals

- Return bus travel included.
- Volunteers will provide their own lunch.

Time and meeting place

9 a.m. at the entrance to the Parque Juan Carlos I car park (Glorieta Don Juan de Borbón, Campo de las Naciones, Madrid).

Free car park.

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Role of the volunteers

The volunteers will collaborate with the monitors on programmed activities (explaining the natural history of Sierra de Guadarrama landscapes to participants and supporting in the planned activities of planting, sowing, etc.).

As such, participating volunteers will receive a training session in situ before the event.

Participation requirements

Be registered as a Repsol Volunteer.

Family and friends over five years of age may participate.

Registration

You can sign up until the Tuesday before the activity day, on the [Repsol Volunteering Portal](#).

Places will be assigned on a first come, first served basis.